

**Contact information**

First Name	Last Name	Work Phone #	Cell Phone #	email address
Title		Company		Industry
Office Address				

**Requirements**

Are you a CATA WIT member?

How many years of IT experience do you have?

How many years of management experience are you counting?

**Commitment**

	yes - - no
I am able to commit 1 year to an e-mentorship relationship	<input type="checkbox"/>
I am able to commit a minimum of 15 minutes a week to an e-mentorship relationship	<input type="checkbox"/>

**Personal Profile**

**Mentorship areas:** Select all knowledge areas for which you believe you would benefit from mentorship:

<ul style="list-style-type: none"> <li>Leadership</li> <li>Networking</li> <li>Excellence in IT Communication</li> <li>Engaging Stakeholders</li> <li>Risk Taking</li> </ul>	<ul style="list-style-type: none"> <li>Professional Development</li> <li>Personal Development</li> <li>Career Exploration</li> <li>Coaching on specific work issues</li> <li>I.T. Expertise</li> </ul>
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**Communication Style:** Select what you believe describes your communication style:

<ul style="list-style-type: none"> <li>Talk more than listen</li> <li>Think out loud</li> <li>Act, then think</li> <li>Like to be around people a lot</li> <li>Prefer a public role</li> <li>Can sometimes be easily distracted</li> <li>Prefer to do lots of things at once</li> <li><u>Are outgoing &amp; enthusiastic</u></li> </ul>	<ul style="list-style-type: none"> <li>Listen more than talk</li> <li>Think quietly inside my head</li> <li>Think, then act</li> <li>Feel comfortable being alone</li> <li>Prefer to work "behind-the-scenes"</li> <li>Have good powers of concentration</li> <li>Prefer to focus on one thing at a time</li> <li><u>Are self-contained and reserved</u></li> </ul>
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**Motivation:**

What motivates you to be a mentee in this program?

<b>Experience</b>	Have you ever been in a mentorship program before? If yes, briefly describe			
	In your career up to now, provide an example of what you consider a great accomplishment			
	How long have you been in your current position?			
<b>Education</b>	What is your education background? E.g. Bachelor in Computer Sciences, University of Toronto			
<b>Professional Development:</b>	How do you ensure your own professional development? (e.g. reading specialized publications, attending conferences, webinars, podcasts, belonging to associations etc.)			
<b>Quote</b>	Please provide a short quote that says what you're most looking forward to about this mentorship experience. This quote will be used in your bio and profile given to your mentor			
<b>Preferences</b>	Please indicate below if you have a preference for a male mentor or a female mentor. We will do our best to accommodate your preference while it might not be possible.			
	Female Mentor preferred			
	Male Mentor preferred			
	No preference			
	Contact: We will try to match your preferences in terms of contact so please indicate a specific time range if desired			
		Day	Time	Preferred contact method (email, phone)
	Choice # 1			
	Choice # 2			
	Choice # 3			

Please email completed form to CATA WIT at [adebroy@cata.ca](mailto:adebroy@cata.ca)

or

fax back to (866) 274-8189

Thank You!